



*Thinking life peaks at
middle age, and it's all
downhill from there?*

Think again.

Beginning Thursday, November 1st, from 10 AM-12 PM, trained facilitators Barbara Hausman and Marc Blesoff, will lead seven weekly sessions based on the book and curriculum developed at the Institute for Jewish Spirituality in Baltimore.

*Wise Aging is about
being alive and resilient in our last third of life,
becoming the person we want to be, and
living the legacy we want to leave.*

**Cost: \$80, plus book, which can be purchased on Amazon.
For scholarship request, please contact Rabbi Kamil.**

**Space is limited. Class intended for men and women over 50.
Questions regarding the class or book order? Ready to register?
Please contact Barb Turner, cec.lifelonglearning@congetzchaim.org**

Choose life! - Deuteronomy 30:19