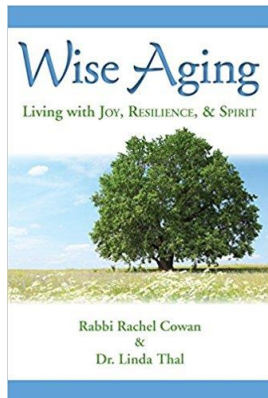


*Lunch 'n Learn / Senior-sponsored Program*  
*All congregants, friends and family welcome!*



*Please join us for A Taste of  
Wise Aging, an introduction to  
a program we hope to offer  
this fall.*

*Wednesday, May 16th*  
*12:00 PM - optional lox and bagel  
lunch (\$8.00)*  
*12:30-2:00 PM - Program*

**Thinking life peaks at middle age,  
and it's all downhill from there?  
Think again.**

***Wise Aging is about  
being alive and resilient in our last third of life,  
becoming the person we want to be, and  
living the legacy we want to leave.***

**Following four years of leading successful programs at Oak Park Temple, trained facilitators Barbara Hausman and Marc Blesoff will share the purpose and, more importantly, the process of learning and sharing in these flexible, small-group, eight weekly workshops in a safe space.**

***Choose life! - Deuteronomy 30:19***

**Please RSVP to Mark Turner at [cec.seniors@congetzchaim.org](mailto:cec.seniors@congetzchaim.org) or call the office at 630.627.3912 by May 14<sup>th</sup>, and indicate whether or not you will be ordering a lox and bagel lunch. If you need to cancel, kindly inform Mark.**