The Third Age: A Dynamic View of Aging

Sunday, November 8, 2015  10:15 – 11:15 AM  Lower Level

You’re not retired...yet. But your children are growing up. You’re starting to look at the coming years and wondering, “What’s next?” You know about planning for your financial future. But what about your life’s future? How do you get there? Where do you begin?

The Lifelong Learning Committee and the Etz Chaim Brotherhood are proud to host a special presentation on The Third Age, an approach that provides new insight into the concept of aging and how to reach its full potential.

You will learn

- About the origin, uniqueness and relevance of the Third Age
- How you plan for the Third Age in your pre-retirement years
  - The Five Main Components
- What are Third Age Dreams
- What is a “Beautiful Mind”
- And what are ten things you can do TODAY to enhance the depth and diversity of your Third Age

Your presenter is Bruce Mondschain, president/CEO of Catalyst Benefits Inc., in Deerfield, IL. Named “2004 Company of the Year” by the American Society on Aging, Catalyst is a premier provider of health and “lifestyle” benefits to over 250 hospitals and organizations throughout the United States. Prior to Catalyst, Mondschain was the Associate General Director of the Jewish Community Centers of Chicago and later was Vice President of Hyatt’s senior living units. An avid photographer, Bruce has more than 80 photos in the Smithsonian Institute including photos of Pete Seeger, Bruce Springsteen, Joan Baez and Arlo Guthrie. In early 2014, Mondschain was named one of ten “Beautiful Minds” in the United States, an award co-sponsored by the National Center for Creative Aging.

Bonus! Attendees will receive a complimentary code to complete their own Third Age Portfolio survey, gaining insight into their personal readiness for the next phase.

For questions and to ensure adequate seating, please RSVP to cec.lifelonglearning@congetzchaim.org